

# NKMS Society Rounds

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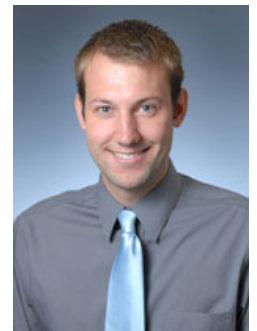
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## President's Report

Spring can be a busy time of year. A lot of new beginnings or transitions.

Physicians' Day at the Capitol was a great success this year. I have attended this event most of the past 5-6 years and the number of physicians in attendance was tremendous compared to previous year along with the level of engagement. Several important pieces of legislation passed this session that effect physicians and our patients. SB12 passed unanimously in both the senate and house and was signed into law. I shared a personal story related to this bill in the KMA newsletter and encourage you to read it there. In short, if you find yourself or know another physician in need of support for physical or mental health issues it should be easier and more confidential than ever thanks to SB12. SB47 passed this session as well, laying the framework for medical cannabis in KY starting January 1<sup>st</sup> 2025. SB150 related to transgender care for patients under 18 was also passed, despite the Governor vetoing the bill. SB94, which revamps and expands the collaborative agreement between physicians and nurse practitioners and also allows for NP's to prescribe controlled substances independently after a 4 year collaborative agreement, was passed and signed into law. Several of these bills are controversial and all of them effect the healthcare environment we practice in. If you have thoughts about any of these pieces of legislation, I strongly encourage you to email or call your state senator and representative. Our voices need to be heard. If we don't participate in these discussions, someone else will.



James Schack, MD  
President, NKMS

I want to congratulate the 2023 class at NKY UKCOM on a successful match and upcoming graduation. In just a few weeks we will be celebrating these students achieving their dream of being a physician. Thanks to all of the physicians in the community that have helped these students along their journey. If you want to help shape some future physicians consider signing up for our NKMS mentor program and you can be paired with a new 1<sup>st</sup> year student this fall.

I hope to see you at our upcoming spring social. Please RSVP if you haven't already!

### President Podcast Recommendations

In honor of March Madness several of my favorite medical podcast do a NephMadness series, which is a fun way they cover a variety of nephrology related conditions to help make one of the most difficult organs (at least I think nephrology is hard) more simple to understand. Just search "nephmadness" in your favorite podcast app and several shows should pull up, if not you can go to the website for the "Curbsiders Internal Medicine Podcast" and find all 8 episodes for this year. If making a 3 point jump shot sounds easier to you than remembering the work up primary hyperaldosteronism then check out this series.

My non-medical podcast recommendation is "All the Hacks" with Chris Hutchins. Chris goes through useful information to optimize your life and save time and money. He also has some great mindset/achieving goals interviews with book authors and special guests like Tony Hawk. He also talks about travel hacks in detail for planning bucket list international trips like Italy or Japan. This is a great podcast if you like to travel or just want to figure out ways to open up a few more hours a week of free time.



### 2023 Events

April 20, Spring Social

April 18, NKMS Executive Board Meeting

July 18, NKMS Executive Board Meeting

August 25-27, KMA Annual Meeting

September 19, NKMS Executive Board Meeting

October 5, Meet Your Legislators

November 14, NKMS Executive Board Meeting

December 8, Holiday Party

The KPLI 2023 program is offered over 4 weekends starting in July. Each weekend has a separate focus on leadership. The NKMS will cover the cost of tuition, for 3 participants, which includes meals, hotel accommodations, and course materials for the program. If you are interested in attending the KPLI, please contact the NKMS office at 859-496-6567 or via email at: [nkms@nkms.org](mailto:nkms@nkms.org).

## Medical History Series

### CLOSED FIFTY YEARS AGO - SPEERS MEMORIAL HOSPITAL (1897-1973)

In 1894, the death of a wealthy widow in Dayton, Kentucky paved the way for the birth of a new Northern Kentucky hospital. It was fifty years ago when this hospital ceased operations, so this Campbell County institution might be unknown to many physicians currently practicing in this same area.

At the time of probate, Elizabeth Speers' will was noted to contain more charitable distributions than any that had been previously filed in Campbell County. Her husband, Charles Speers, had predeceased her almost a decade earlier. In addition to contributions to St. Joseph Orphan Asylum, The Sisters of Good Shepherd in the Highlands, and the Campbell County Children's Home, she bequeathed a large portion of her fortune to a trust for the establishment of a hospital in Dayton, Kentucky.

A site was chosen by trustees on Main Street between 4th and 5th Avenues, and construction began just one year after the benefactor's death. It is reported that the project was completed at a cost of approximately \$75,000 which included the lot, the building, and all necessary hospital equipment. It was 1897 when Speers Memorial Hospital attended to its first patients.

Speers Hospital opened the "Training School for Nurses" under the direction of Superintendent Miss Sophia Steinhauer. In 1904, diplomas were awarded to the school's first seven nursing students. The hospital also provided care for workers of the Chesapeake and Ohio Railroad. However, through the years the hospital faced many financial challenges. As early as 1903 it was reported to be on the verge of bankruptcy with debt in the range of \$10,000. The Kentucky Post reported the "institute would be compelled to close unless aided by City and County." There was a desire to make Speers a free public hospital with another newspaper article that year declaring that Campbell County has "no place like St. Elizabeth Hospital in Covington, conducted by the Sisters, which charitably throws wide open its portals to the sick of all creeds and colors....The County of Campbell needs such an institution, and needs it badly." To support continued operations and cover costs of care for the poor and sick, later articles report Campbell County Fiscal Court, and the cities of Bellevue, Dayton and Newport granting the hospital funds ranging from \$1000 to \$3000 per annum.

The hospital suffered significant damage during the 1937 flood but after renovations remained open for many years. However, fiscal issues continued to haunt the institution and in 1973, after a very brief merge with St. Elizabeth earlier that same year, the hospital's doors were shuttered. The once grand building was razed in 1979. Many historic items preserved from the days of Speers Memorial Hospital are on display at The Campbell County Historical & Genealogical Society in Alexandria.

Judy Neff, MD



Photo Courtesy of the Kenton County Public Library

# Faith Community Pharmacy

## Faith Community Pharmacy

### Strengthening the Community-Serving Our Patients

Please partner with us in supporting a critical cause that greatly impacts the lives of thousands of individuals each year in our Northern KY region. Faith Community Pharmacy is the only charitable pharmacy in Northern Kentucky, providing 100% free prescription medication to friends and neighbors who cannot otherwise afford them. The need for free, lifesaving medications has grown more than 60% in the last six years, and the need continues to grow as we emerge from the COVID-19 pandemic and see inflation putting pressure on individuals in our community who never thought they would need assistance.



**Here's how you can further support your patients and the community.** We are reaching out to ask you and your office, as well as other members of our Northern KY medical community, to join with us in supporting our largest fundraiser of the year, "A Time to Celebrate Gala." This event, to be held on Saturday, October 14 at Summit Hills, will generate much-needed funding to support and advance the Pharmacy's mission. Not only will your sponsorship help us continue to provide lifechanging and lifesaving medication annually to our growing patient population, but it will also **align you and your office with hundreds of other healthcare providers and business leaders across our region who partner with this worthwhile organization that seeks to improve healthcare for ALL in our region.**

Your collaborative support will go a long way in helping to achieve a healthy and active community where we all can thrive. For all details regarding sponsorship opportunities and the event itself, **please scan the QR code that is attached.** On behalf of the thousands of patients who are served each year, we offer our sincere thank you for your generosity!

### It's Time to Celebrate Gala Sponsorship Packages

Platinum-\$3,000	Gold- \$1,500	Silver- \$750	Patron-\$250
Logo on Invitation	Name on Invitation	Name on Invitation	Name on Event Signage
Logo on Event Signage	Logo on Event Signage	Name on Event Signage	Name in Digital Program
Logo on FCP Homepage	Logo on FCP Website	Name on FCP Website	
6 Event Tickets	2 Event Tickets	Quarter-Page Ad in Program	
Logo on Back of Bid #	Logo on Back of Bid #		
Full-Page Ad in Digital Program	Half-Page in Digital Program		
Recognition in all Event Publicity			

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Northern Kentucky's  
Physician Network

Address Correction Requested

## NKMS Alliance Report

Spring in Kentucky is a special event. This spring brings an extra special event. Kentucky Medical Association Past President, Dr. Bruce Scott (GLMS), is running for President Elect of the American Medical Association at the annual meeting this June in Chicago. We are all very proud of Dr. Scott's service at the AMA as Young Physician Board Member, Vice Speaker and Speaker of the House. The AMA meeting dates are June 9-13, 2023 at the Hyatt Regency in Chicago. Please mark the date and plan on joining NKMS in support of Dr. Bruce Scott.

The NKMS Alliance and the KMA Alliance are still not having regular meetings due to health risks, but are willing to do virtual support and phone calls to help the Family of Medicine.

So, we hope all of you have a safe and enjoyable spring and summer. We plan on seeing you around in NKY.



Nancy Swikert, MD  
President, NKMSA