

NKMS Society Rounds

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January - March, 2023

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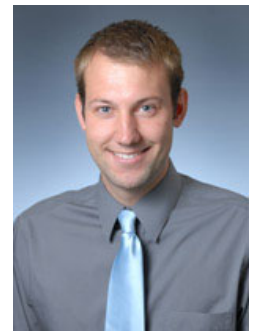
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President's Report

New Year New Opportunities

Every New Year is a fresh start, a fresh start for new growth, new goals, and new opportunities. As you contemplate your aspirations for 2023 I encourage you to consider ways you can partner with NKMS to help us have the most successful year yet!

Upcoming in just a few short weeks is Physicians' Day at the Capitol, Wednesday, February 22nd. This is an important day for us to advocate together for important healthcare legislative items. The legislative session in the state of KY is fast paced, bills can only be introduced for a few short weeks and there is a little over a month that legislators must vote on various bills. Legislators understand and appreciate our input on these topics, we are the experts on what we as healthcare providers need, and more importantly what our patients need. Hot topics this year include physician wellness/mental health, prior authorization exemptions, scope for practice, and medical marijuana. Healthcare is always the #1 or #2 political issue; I encourage you to join me in Frankfort to be part of the dialogue. If we do not participate and lead these discussions with legislators then pharmaceutical companies, insurance providers, and other groups will. If you can't be there in person, please take 3-5 minutes to email or call your state legislators on the issues that are important to your practice.



James Schack, MD
President, NKMS

Another opportunity for 2023 is becoming involved with the NKU branch of UK medical school. There are a lot of rewarding ways you can support the medical students. You can volunteer to serve as an attending for clinical and elective specialty rotations. You can choose to serve as a mentor or continuing your role as a mentor this fall with new incoming students after the 2023 class graduates. Additionally, you can volunteer to serve at the NKU free clinic (CCRU) in Covington KY. This clinic is inside an emergency shelter for families struggling with housing instability providing care to those in need. Please reach out to Holly Danneman below if you are interested in joining the sign-up list for volunteers. Holly.Danneman@uky.edu or call/text her cell at 859-750-0740.

Finally, there have been some significant federal changes for anyone interested in taking care of their patients who struggle with opiate addiction. The DEA-X waiver course requirement has been removed to prescribe buprenorphine. Along with that effective January 12th the DEA-X waiver requirement to prescribe buprenorphine has been removed. This means anyone who has a DEA license is now able to prescribe buprenorphine for opiate addiction treatment. If you are interested in starting this practice for your patients I encourage you to consider it. Just caring for a handful of patients on your existing panel can make a big difference in patients' access to care for addiction. There are far more patients struggling with addiction than there are providers caring for this condition.

Presidents Podcast Recommendation

"The Curbsiders Internal Medicine Podcast" was a personal favorite of mine in residency. The podcast drops new episodes once weekly, but episodes can be a little long ranging from 1-1.5 hours. This podcast reviews evidenced based practices for both inpatient and outpatient management. They typically include interviews with leading experts on the topic and focus on practice/guideline changes and updates. It's a great way to stay on the cutting edge of medical practice and review those zebras that you haven't seen in years.

2023 KMA

Physicians' Day at the Capitol



2023 Events

February 22, KMA
Physicians' Day at
the Capitol

Spring Social-TBD

April 18, NKMS
Executive Board
Meeting

July 18, NKMS
Executive Board
Meeting

August 25-27, KMA
Annual Meeting

September 19,
NKMS Executive
Board Meeting

October 5, Meet
Your Legislators

November 14, NKMS
Executive Board
Meeting

December 8,
Holiday Party

Survey

We want to hear
from you!

A brief survey will be emailed to the membership in March. The survey will take about 5 minutes to complete. The questions will focus on membership satisfaction. Please watch for the email and take a moment to complete the survey.

KMA members are encouraged to register and attend the 2023 Physicians' Day at the Capitol (PDAC) on Wednesday, February 22, where members will convene in Frankfort to meet with legislators and advocate for KMA priority issues.

The event will kick off with a virtual Member Briefing, to be held February 16, via Zoom Webinar. Members are also encouraged to download KMA's 2023 Legislative Priorities handout, available at kyma.org/PDAC2023/.

Registration for PDAC is free and available at 2023kmapdac.eventbrite.com.

SCHEDULE OF EVENTS

All times are Eastern Standard Time

Virtual Legislative Briefing

Thursday, February 16, 7 p.m.

KMA lobbyists will brief attendees on relevant legislation/issues being discussed in Frankfort followed by a Question and Answer Session.

Location: Zoom webinar (Virtual Meeting)

Prior Authorization Press Conference

Wednesday, February 22, 8:30 a.m.

Attendees will gather at the Capitol Rotunda for a press conference on prior authorization.

Location: Kentucky State Capitol Rotunda

Legislator Visits

Wednesday, February 22, 9:30 a.m.

Attendees will meet with legislators to promote KMA's position on relevant legislation/issues. Attendees need to call the Legislative Research Commission at (502) 564-8100 to set up their meetings in advance.

Location: Legislator Offices

Lunch

Wednesday, February 22, 11:30 a.m.

Box lunch available for attendees.

Location: Capital Plaza Hotel, Frankfort, KY-Ballroom I & II

Legislator Visit Debriefing & Board of Trustees Meeting

Wednesday, Feb. 22, 12:30 p.m.

Attendees will debrief KMA staff and leadership on their meetings with legislators immediately followed by a Board of Trustees meeting.

Location: Capital Plaza Hotel, Frankfort, KY-Ballroom I & II

Please wear your white coat.

Physician Support Resources

The NKMS would like to inform physicians of available resources for burnout, emotional support, or substance use disorders. These are confidential resources for physicians only.

Local resource:

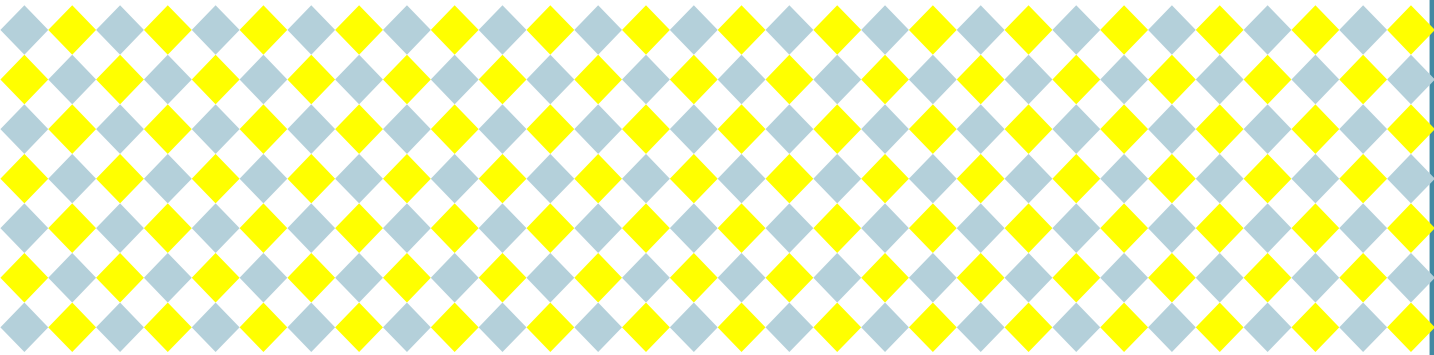
Caduceus Group - contact Charles Bernstein, MD. Contact number 859-446-3379, email: Charles.Bernstein@stelizabeth.com

National resource:

physiciansupportline.com

We hope this information helps all of our physicians in the area.

Amy Haney, MD
Past President, NKMS



2023 Budget

Ordinary Income

Dues-Associate	2,430.00
Dues-Active	88,650.00
Dues-Resident	150.00
Dinner Meetings	1,300.00

Total Income	<u>92,530.00</u>
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Expenses

Website	1,000.00
Dinner Meetings	26,500.00
Gifts	2,500.00
PO Box	225.00
Seminars/Education	2,000.00
Sponsorship/Marketing	2,300.00
Contributions	5,300.00
Annual Charitable Donation	4,352.00

Expenses

Dues & Subscriptions	460.00
Insurance	1,500.00
Licenses & Permits	30.00
Postage & Delivery	2,300.00
Printing & Reproduction	5,000.00
Professional Fees	1,200.00
Telephone	450.00
Office Supplies	1,600.00
Contracted Services	35,500.00

Total Expenses	<u>92,217.00</u>
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Net Income	<u>313.00</u>
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(6567)

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Web: nkms.org

Northern Kentucky's
Physician Network

Address Correction Requested

2023 KPLI Schedule

The Kentucky Physicians Leadership Institute (KPLI) 2023 program is offered over 4 weekends starting in July. Each weekend has a separate focus on leadership. On Fridays, the program starts at 1:00 p.m. and runs into the evening until around 6:00 p.m. On Saturdays the time is 8:00 a.m.-12:00 p.m. The NKMS will cover the cost of tuition, for 3 participants, which includes meals, hotel accommodations, and course materials for the program. If you are interested in attending the KPLI, **please contact the NKMS office at 859-496-6567 or via email at: nkms@nkms.org**. Below is the 2023 schedule:

The Personal Side of Leadership: Friday, July 7-Saturday, July 8

Introduces participants to many of the critical interpersonal skills associated with being a catalytic leader. The emphasis is on developing a leadership mindset regardless of formal role or position within an organization. Particular attention is given to self-awareness and the impact this factor has on interactions with others.

The Business of Leadership: Friday, July 28-Saturday, July 29

Introduces participants to the structure and language of business. Participants gain an understanding of components of healthcare organizations and engage in an in-depth financial analysis of system organizations.

From Leadership to Advocacy: Friday, August 11-Saturday, August 12

Introduces participants to the critical role advocacy plays in ensuring access to health care at the community level. Participants learn how fundraising, lobbying and the general political process shape the availability of healthcare within a community. Particular attention is given to ways in which participants can play a more active role in this process.

Communication in Leadership: Saturday, August 26

Introduces participants to considerations of communication with specific focus on social media platforms and how to utilize social media to leverage public health and legislative agendas. Attendees will explore best practices for communication in a virtual setting.