

NKMS Society Rounds

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President's Report

Don't Lose the Magic

I'm preparing to take my kids to Universal park in Orlando for a day and a day at Disney as well next week. My two oldest kids (ages 5 and 3.5) are hopefully the perfect age for the "magic" of these parks. My wife and I are hoping to see that magic and surprise when they walk through Harry Potter World or see a robotic Blue the raptor from Jurassic World. I look forward to walking through Star Wars part of Disney together with them sharing in that magic feeling, hopefully getting to wave to Mando or baby yoda or have my son (who is a total Slytherin) tell Darth Vader he is "such a cool bad guy". My wife and I are so excited for this trip, which we have postpone multiple times due to COVID. After each time we had to reschedule we worried "what if we go and the magic is gone for one or both of our kids?"

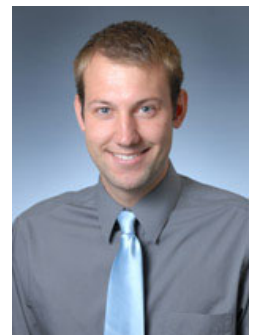
After 2.5 years of COVID a lot of people in medicine are feeling like the magic is gone. Long hours, waves of sick patients, telehealth, politics of vaccines, and more have weighed on our profession. Staffing shortages and turn overs are widespread. Adding these trying stressors after the burden EMR can be, where we sometimes feel we spend more time entering data on a screen then we do interact with patients, it's easy to feel like medicine and your career have changed in significant ways. That "magic" from your first time in the OR, the first baby you helped deliver, or first time you knew you changed an outcome/saved a life might seem like a distant memory.

The reality of my fear on the timing for our trip is silly, these are places that feel magically for kids and adults. When my wife and I walk through Harry Potter world it's going to be watching our kids reactions that creates the magic for us, and that magic will be just as special as our honeymoon memories of getting our wands as newlyweds. Over your career the "magic" is going to change. What we do as a calling, as a career, as part of our identities; is special. It matters to our patients and our communities, we have the ability to impact lives in so many important ways. So when the days or weeks run long, remember we got to grow up to be wise jedi, healing wizards, and super heroes. The magic may change, but if you take a deep breath and look in the mirror you will see that magic is still there.

Your work matters.

President Podcast Recommendation

For all the primary care docs, hospitalists and pediatricians "Primary Care Update" is a weekly podcast that reviews patient oriented evidence that matter (AKA POEMs) that may change your practice patterns. I have found this especially during their reviews of the ever-changing COVID treatment evidence, guidelines, vaccine data ETC. You can get free CME credit for listening as well. These data driven topics are broken up with fun studies they have dug up like "can riding a roller coaster help you pass a kidney stone?"



James Schack, MD
President, NKMS

NKMS High School Outreach Presentations



2022 Events

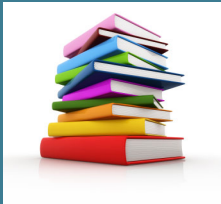
KMA Annual Meeting
August 26-28

September 20, NKMS
Executive Board
Meeting

October 6, Meet
Your Legislators

November 15, NKMS
Executive Board
Meeting

December 9,
Holiday Party



The NKMS is hosting book raffles. The drawings will be held once a month in the Edgewood, Florence, and Ft. Thomas doctors' lounges. Each month we will raffle a new book. Please write your name, phone number, and email address on the index cards provided in the doctors' lounges. If your name is drawn, we will contact you and make arrangements to deliver the book to you.

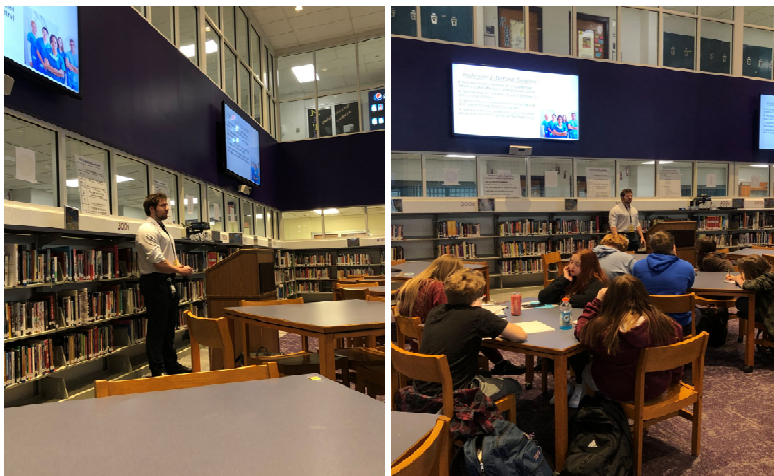
My name is Jonah Heidel, and I am an incoming second-year medical student at the University of Kentucky College of Medicine, Northern Kentucky Campus, as well as board member at large for the Northern Kentucky Medical Society. During the spring of 2022, I visited 3 different high schools in different counties in Kentucky, Cooper High School in Boone County, Dixie High School in Kenton County, and Campbell County High School in Campbell County, to present a PowerPoint presentation to junior/senior high school students as introduction to the careers in medicine. The particular careers that the presentation focused on were physician/medical school, nursing, and pharmacy, as these careers are all high-yield and highly sought out. The presentation highlighted educational requirements for the programs, length of time of the programs, starting salary of the programs, and common expectations within the programs, both during classwork and in the professional setting. The responses from the students were very positive, with many students attending the presentations being interested in at least one of the careers being discussed. The students also sought out more information on their careers of interest, asking both short-term and long-term questions to prepare for their journeys ahead. Overall, these presentations were a success and I am looking forward to doing more of them in the upcoming year.



Jonah Heidel, Medical Student, Board Member at Large, NKMS



Left-Randall K. Cooper High School



Above-Campbell County High School
Right-Dixie Heights High School



Practice Update

St. Elizabeth Family Medicine Residency - Spring 2022 Update

St. Elizabeth Healthcare is a dynamic health system committed to a leadership position in Family Medicine Residency education. Our financially solid system (AA bond rating) has provided quality clinical experiences for family medicine residents for over 47 years, while addressing community needs throughout the Northern Kentucky region. Our vision is to become one of the healthiest communities in the US, and our residency program and graduates contribute much to that vision. We expanded our program from an 8-8-8 program to a 10-10-10 program, successfully completing our expansion in July 2021.

Our 2022 graduates are excited to begin their diverse next steps including roles in ambulatory practices, mixed inpatient and outpatient offices, hospitalist roles, and fellowship training in Sports Medicine, OB, and OMT. We wish them the very best in their future careers and thank them for all they have taught us over the past three years!



Karl M. Schmitt, MD
St. Elizabeth Family
Medicine Residency
Program Director

Graduating Residents-Class of 2022

Adrian Acosta, MD-St. Elizabeth Physicians, Hospitalist-Northern Kentucky and Indiana locations

Marye Margaret Boggs, MD-St. Elizabeth Physicians/St Elizabeth Healthcare, OB Fellowship Training-Edgewood, Kentucky

Benjamin Collard, MD-University of Louisville, Sports Medicine Fellowship Training-Louisville, Kentucky

Harjodh Dhillon, DO-St. Elizabeth Physicians, Hospitalist-Northern Kentucky and Indiana locations

Amanda Evans, DO-St. Elizabeth Physicians, Family Medicine-Belleview, Kentucky

Nathan Gordon, MD-St. Elizabeth Physicians, Family Medicine-Covington, Kentucky

Mfowethu Langeni, DO-Family Medicine Residency Training-Edgewood, Kentucky

Danielle Myers, DO-St. Elizabeth Physicians, Family Medicine-Butler, Kentucky

Kodie Stone, MD-St. Elizabeth Physicians, Hospitalist-Northern Kentucky and Indiana locations

Shelly Tat, DO-Cleveland Clinic South Pointe Hospital, ONMM3 Fellowship Training-Warrenssville, Ohio

Incoming Residents

Seth Carmichael, DO-University of Pikeville COM; Hometown: Lawrenceburg, Kentucky

Shelby (Lesak) Carmichael, DO-University of Pikeville COM; Hometown: Cynthiana, Kentucky

Alyssa Dickerson, DO-Edward Via COM - Carolinas Campus; Hometown: Franklin, Tennessee

Ramsi Dykes, DO-Edward Via COM - Auburn Campus; Hometown: Hot Coffee, Mississippi

Jessica Ferrer Martinez, MD-University of Cincinnati COM; Hometown: Santa Clarita, California

Garrett Kandell, MD-Wright State University Boonshoft SOM; Hometown: Cincinnati, Ohio

Aaron Blain Moorhouse, DO-Idaho COM; Hometown: Meridian, Idaho

Sarah Parker, MD-University of Louisville SOM; Hometown: Murray, Kentucky

Sarah Taylor, MD-University of Kentucky COM; Hometown: Louisville, Kentucky

Cassandra (Caudill) Wampler, MD-University of Kentucky COM; Hometown: Vanceburg, Kentucky



Northern Kentucky
Medical Society

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Northern Kentucky's
Physician Network

Address Correction Requested

NKMS Alliance Report

On June 11-14, 2022, the AMA Alliance held its first Post-Covid face to face meeting to celebrate its 100th Anniversary. Meanwhile, the AMA was also meeting to celebrate its 175th Anniversary and the Medical Student Section of the AMA was celebrating its 50th Anniversary. Lots of Anniversary parties/receptions were held in Chicago.

The AMA Alliance had a great meeting in person and elected Jacqueline Nguyen (Las Vegas) to the office of the 2022-2023 President of the AMAA. For the AMAA meeting, the leadership collected some of the history and photos from each 10 year of the AMA Alliance to make a slideshow. During the 100 years of serving, the Alliance has made great strides in community service in small neighborhoods all across America.

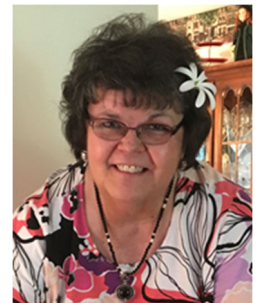


The AMA Alliance has many ongoing programs and information to help physician families. One such event is the annual Physician Family Day. This special day is to help remind physicians to take a break and do something with their family, such as a ball game, play in the park, fishing, etc. The Annual Physician Family Day this year is August 27, 2022. Tee shirts, face masks and other goodies are available for sale at the AMA Alliance website amaalliance.org.

This website also has information on belonging to this very active group and tips on helping destress the physician family, advocate for patient and physician issues, public health awareness, education and much more.

NKMS Alliance and KMA Alliance supports the AMA Alliance and strongly urges you to check out the website at amaalliance.org.

Please stay safe this summer and have lots of fun.



Nancy Swikert, MD
President, NKMSA
President, KMAA